

Qhov Xav & Qhov Tseeb

Kev txaj muag ntawm kev mob puas siab ntsws thiab muaj kev saib tsi taus

Keeb kwb	Qhov tseeb
<p>Mob puas siab ntsws yog tej yam uas raug rau “lwm cov tib neeg”</p>	<p>Ib tus ntawm tsib tus neeg laus uas nyob hauv Kha-lis-fuas-nias tau xa xov tias xav thov kev pab cuam rau qhov teeb meem kev nyuaj siab.ⁱ</p> <p>Kwv yees li 9 000 000 tus menyuam nyob hauv U.S no muaj teeb meem kev nyuaj siab, Tabsis tsuas muaj ib tus ntawm tsib tus menyuam thiaj tau txais kev pab tsim nyog.ⁱⁱ</p> <p>Cov me-nyuaj thiab cov laus puav leej muaj ntau yam teeb meem kev nyuaj siab, Txij thaum lub siab nyob tsi tus los, dlhau ua kev nyuaj siab mus rau qhov nyuaj nkawg li lawm.</p>
<p>Mob puas siab ntsws yog yam uas kho tsi tau, Koj yuav mob tas lub neej</p>	<p>Tsi yog npaj muaj kev pab xwb, Tab sis puv nkaus kev zoo yuav muaj. Hnub no peb kawm kev tiv thaiv tug mob puas siab ntsws thiab txhawb kev siab ntsws kom noj qab nyob zoo.</p> <p>Nrog kev txhawb thiab kev kho, nrub nrab 70 thiab 90 feem pua paub tias lawv tej mob hees lawm ntau thiab txaus siab rau lawv lub neej.ⁱⁱⁱ</p>
<p>Kuv tus tub/tus ntxhais coj yam ntxwv li ntawd, tabsis tseem yog menyuas xwb</p>	<p>Kev tshawb qhia tias ib nrab ntawm cov neeg muaj siab ntsws tsi tus yog pib thaum muaj 14 thiab peb feem ib pib thaum muaj 24 xyoo.^{iv}</p> <p>Tab sis, kwv yees 6 rua 8 xyoo dhau lawm tom qab yus qhov kev nyuaj siab pib -- Yog 9 txog 23 xyoo muaj kev ntshai – ua ntej cov hlua tau txais kev pab.^v</p>
<p>Cov tib neeg uas tshawb tau tas mob puas siab ntsws uas txaus ntshai thiab yuav tsum nyob kom deb</p>	<p>Cov mob puas siab ntsws, qhov ntau, yog 3 feem tau tsim teeb meem nyob huv U.S. nos.^{vi}</p> <p>Tib neeg sib tw nrog kev siab ntsws ntau tshaj yog cov raug teeb meem rau tej kev yuam cai ua phem tua lwm tug. Muaj tshaj 25 feem pua tib neeg nrog kev mob puas siab ntsws tau qhia tas raug teeb meem yav dhau los ntawm kev yuam cai ua tuab sab, Saib mas ze rau 12 zaug siab tshaj ntawm cov pej xeem.^{vii}</p>
<p>Kuv tsi tau saib tsi taug cov tib neeg muaj mob puas siab ntsws, Tab sis xav ua hauj lwm thiab nyob ze lawv</p>	<p>Kev ntxiv lus yog yam tsi ncaj ncees thiab tsi txais yuav, Nwg tseem tsi raug txoj cai uas tsi leeg lwm tus li qhov kev ncaj ncees vim yog lawv qhov tseeb lossis paub txog kev mob puas siab ntsws.</p> <ul style="list-style-type: none"> <li data-bbox="524 1556 1498 1661">• The Americans with Disabilities Act of 1990 ua kom tsi raug kevcai rau cov tswv lag luam lossis Kev pab dawb kom saib tsi taug tawm tsam cov uas nyob nrog kev mob puas siab ntsws. <li data-bbox="524 1671 1498 1776">• The Fair Housing Act (Title VIII of the Civil Rights Act of 1968) ua kom tsi raug kev cai rau cov tswv tsev lossis lwm yam kev lag luam vajtse kom saib tsi taug tawm tsam cov uas nyob nrog kev mob puas siab ntsws.

Keeb kwb	Qhov tseeb
<p>Kuv tsi yog tug kho siab ntsws, Kuv ua tsi tau kom txawv rau tus neeg uas nyob sib tw nrog kev nyuaj siab</p>	<p>Muaj tib neeg coob tus hais tias kev txaj muag thiab kev saib tsi taus yog ib qhov kev sib tw uas tseem ceeb loj rau lawv lub neej tshaj qhov kev siab ntsws.</p> <p>Koj muaj peev xwm pab kom tsi xob muaj qhov kev txaj muag los ntawm kev qhib siab dawb paug tos txais cov neeg uas lawv muaj tus mob puas siab ntsws rau huv koj lub chaw ua hauj lwm thiab huv koj lub zej zos.</p> <p>Koj nyob huv lub chaw pab cov tib neeg uas nyob nrog kev sib tw puas siab ntsws, tsuas zoo ib yam li sawv daws thiab xwb, tseeb tias kom tau txais – ib txoj hauv lawm, ib tsab ntawv cog lug, ib qhov kev pab lossis ib lo lus qhuas – tej kev pab ntawd yuav ua rau lawv nyob puv ntoob thiab tsim lawv lub neej.</p>



Pab nyiaj los hauv Counties ntawm cov neeg xaiv tso cai Mental Health Services Act (Prop 63). – Hmong

ⁱ UCLA Center for Health Policy Research. *Adult Mental Health Needs in California*, November 2011.

ⁱⁱ SAMHSA, *Developing a Stigma Reduction Initiative resource kit*, 2006.

ⁱⁱⁱ National Alliance on Mental Illness (NAMI).

^{iv} Kessler, Berglund, Demler, Jin, Walters, *Lifetime prevalence and age-of-onset distributions of DSM-IV disorders in the National Comorbidity Survey Replication*, General Psychiatry, July 2005.

^v Wang, P., Berglund, P., et al. *Failure and delay in initial treatment contact after first onset of mental disorders in the National Comorbidity Survey Replication (NCS-R)*, General Psychiatry, June 2005.

^{vi} H. Harwood, A. Ameen, G. Denmead et al., *The Economic Costs of Mental Illness*, 1992, Rockville, Md.: NIMH, 2000.

^{vii} Linda Teplin et al., *Crime Victimization in Adults with Severe Mental Illness: Comparison with the National Crime Victimization Survey*, General Psychiatry, August 2005.