



Resources for promoting suicide prevention throughout the year

From All-County Webinar, “Beyond September: Promoting suicide prevention throughout the year”

Tuesday, March 19th, 2013

If additional assistance is required, please contact the Know the Signs Campaign team.

About this Resource Sheet: This webinar discussed **ways to address suicide prevention using other established national health observances**. This resource sheet lists health observances that are relevant to suicide prevention for 2013. Health observance weeks change every year – check the associated health observance website for updates on dates and available resources. The webinar **promotes working with other agencies and organizations that might be addressing these health observances already**.

January (none)

February

- Teen Dating Violence Awareness Month (all month)
 - www.teendvmonth.org

March

- Brain Injury Awareness Month (all month)
 - <http://www.biausa.org/brain-injury-awareness-month.htm>
- National Problem Gambling Awareness Week (March 3 – 9th)
 - <http://www.npgaw.org/>
- National Youth Violence Prevention Week (March 17 – 23rd)
 - <http://nationalsave.org/what-we-do/save-events/national-youth-violence-prevention-week/>
- Poison Prevention Week (March 17 – 23rd)
 - <http://poisonhelp.hrsa.gov/what-can-you-do/national-poison-prevention-week/index.html>

April

- National Alcohol Awareness Month (all month)
 - <http://www.ncadd.org/index.php/programs-a-services/alcohol-awareness-month>
- National Minority Health Month (all month)
 - <http://minorityhealth.hhs.gov/actnow/>



- National Alcohol Screening Day (April 11th)
 - <http://www.mentalhealthscreening.org/programs/colleges/nasd.aspx>
- National Stress OUT Day (April 14 – 20th)
 - <http://www.activeminds.org/our-programming/awareness-campaigns/national-stress-out-day>

May

- National Mental Health Month (all month)
 - <http://www.mentalhealthamerica.net/go/may>
- Older American Month (all month)
 - http://acl.gov/NewsRoom/Observances/2013/Older_Americans.aspx
- Children’s Mental Health Awareness Week (May 5 – 11th)
 - <http://ffcmh.org/awarenessweek/2012-national-childrens-mental-health-week>
- National Women’s Health Week (May 12 – 18th)
 - <http://www.womenshealth.gov/nwhw/>
- Older Americans Mental Health Week (May 23 – 29th)
 - <http://www.mentalhealthweek.org/Welcome.html>

June

- National Men’s Health Month (all month)
 - <http://www.menshealthmonth.org/>
- National ASK day (June 21st)
 - <http://www.cpyv.org/programs/ask/parents/ask-day/>

July (none)

August (none)

September

- National Recovery Month (all month)
 - <http://www.recoverymonth.gov/>
- National Suicide Prevention Week (September 8 – 14th)
 - <http://www.suicidology.org/about-aas/nspw>

October

- National Depression and Mental Health Screening Month (all month)
 - <http://www.mentalhealthscreening.org/events/national-depression-screening-day.aspx>

- National Domestic Violence Awareness Month (all month)
 - <http://www.ncadv.org/takeaction/DomesticViolenceAwarenessMonth.php>
- Talk about Prescriptions Month (all month)
 - <http://www.talkaboutrx.org/rxmonth2012.jsp>

November

- National Rural Health Day (November 21st)
 - <http://celebratepowerofrural.org>
- National and International Survivors of Suicide Day (November 23rd)
 - http://www.afsp.org/index.cfm?page_id=fee7d778-cf08-cb44-da1285b6bbcf366e

December (none)

***Do you have another health observance that you would like to add to this list?
Contact Theresa Ly (tly@edc.org). Thank you for your input!***